

<u>WEEK 1</u>

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Weetabix	Warm porridge	Cornflakes	Warm toast/crumpets	Shreddies
Rice Krispies	Shreddies	Weetabix	Rice Krispies	Cornflakes
Bananas	Apples	Pears	Satsumas	Bananas
Snack	Snack	Snack	Snack	Snack
Crispbreads,	Banana sticks	Buttered crackers	Apple slices	Pepper & cucumber
butter & marmite				sticks
Lunch	Lunch	Lunch	Lunch	Lunch
Creamy halal chicken,	Vegetable pasta bake	Quorn cowboy pie	Fish fingers,	Crispy jacket potatoes,
sweetcorn & rice			new potatoes	baked beans & cheese
			broccoli	
Snack	Snack	Snack	Snack	Snack
Satsuma segments	Breadsticks & hummus	Strawberry quarters	Rice cakes & cream	Chocolate Rice Krispie
	dip		cheese	cakes
Теа	Теа	Теа	Теа	Теа
Toasted bagels with	Halal turkey &	Home-made vegetable	Margherita pizza nann,	Melted cheese muffins
lemon curd/jam	cucumber wraps	soup with warm	pineapple sticks	yoghurt
carrot sticks	yoghurt	buttered roll		
		Honey dew melon		
		wedges		



<u>WEEK 2</u>

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Weetabix Rice Krispies	Warm porridge Shreddies	Cornflakes Weetabix	Warm toast/crumpets Rice Krispies	Shreddies Cornflakes
Bananas	Apples	Pears	Satsumas	Bananas
Snack	Snack	Snack	Snack	Snack
Rice cakes & cream cheese	Melon wedges	Breadsticks & hummus dip	Apple slices	Buttered crackers
Lunch	Lunch	Lunch	Lunch	Lunch
Macaroni cheese, green beans	Margherita pizza nann, chipped potatoes, cucumber sticks	Halal chicken curry & rice	Quorn cottage pie & broccoli	Hidden vegetables in tomato sauce & pasta
Snack	Snack	Snack	Snack	Snack
Pear wedges	Cheese & pineapple sticks	Pepper & cucumber sticks	Crispbread butter & marmite	Beetroot & chocolate cake
Теа	Теа	Теа	Теа	Теа
Cheesy beans on toast, cucumber sticks	Cream cheese & tomato wraps, yoghurt	Egg mayo finger sandwiches, strawberries	Tuna sweetcorn mayo pasta, yoghurt	Spaghetti hoops & dunking bread/butter, melon wedges



<u>WEEK 3</u>

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Weetabix Rice Krispies Bananas	Warm porridge Shreddies Apples	Cornflakes Weetabix Pears	Warm toast/crumpets Rice Krispies Satsumas	Shreddies Cornflakes Bananas
Snack	Snack	Snack	Snack	Snack
Cheese & cucumber sticks	Buttered crackers	Melon wedges	Crispbreads butter & marmite	Apple slices
Lunch	Lunch	Lunch	Lunch	Lunch
Veggie mince ragu & tagliatelle	Veggie goujons, mashed potato & peas	Veggie sausage casserole & roast potatoes	Halal chicken jambalaya & rice	Crispy jacket potato with 3-bean chilli & cheese
Snack	Snack	Snack	Snack	Snack
Breadsticks & hummus	Pineapple sticks	Rice cakes & cream cheese	Cheese & cucumber sticks	Vanilla cup cakes
Теа	Теа	Теа	Теа	Теа
Halal chicken & tomato wraps, pineapple sticks	Home-made pesto pasta, yoghurt	Home-made tomato & basil soup, warm roll & butter, carrot sticks	Marmite/jam square sandwiches, yoghurt	Cheese rolls, cucumber sticks



<u>WEEK 4</u>

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Weetabix Rice Krispies Bananas	Warm porridge Shreddies Apples	Cornflakes Weetabix Pears	Warm toast/crumpets Rice Krispies Satsumas	Shreddies Cornflakes Bananas
Snack	Snack	Snack	Snack	Snack
Pear wedges	Buttery crackers	Banana sticks	Cheese & cucumber sticks	Strawberry quarters
Lunch	Lunch	Lunch	Lunch	Lunch
Hidden vegetables in tomato sauce & pasta	Veggie bangers mash & baked beans	Halal chicken roast roast potatos stuffing broccoli & vegan gravy	Veggie nuggets and Mediterranean rice	Crispy jacket potatoes with tuna mayo, cheese & veg
Snack	Snack	Snack	Snack	Snack
Breadsticks & hummus dip	Satsuma segments	Rice cakes with cream cheese	Crispbreads, butter & marmite	Raisin flapjack fingers
Теа	Теа	Теа	Теа	Теа
Tuna mayo pitta pockets, strawberries	Cheesy pizza bagels, carrot sticks	Warm pastry cheese parcels with spaghetti hoops	Toasted jammy muffins, pineapple sticks	Halal chicken triangle sandwiches with cucumber